

a sustainable guide to the holidays

FROM THE ENVIRONMENTAL COMMITTEE





FIRST THINGS FIRST
Checklist

Ask people what they want!

Can you make this gift yourself?

Can you buy this gift second-hand?

Is there a more sustainable version?

Does this gift come from the heart?



1
Tip



flea market

visit a flea market and get a cheap,
unique and vintage gift.

2
Tip



shop local

get a gift from a local shop,
to support small businesses

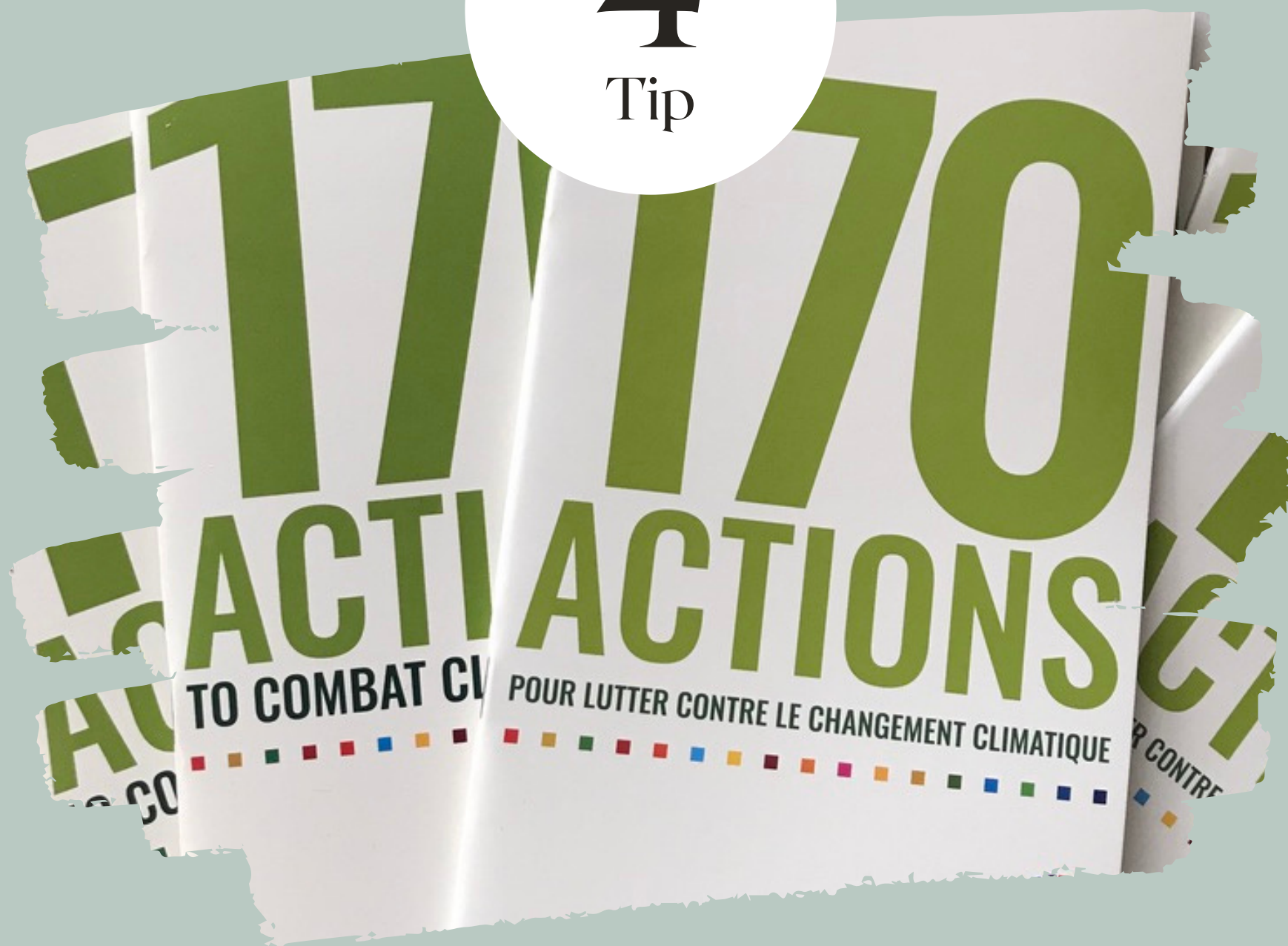


3
Tip

scented bar soap

this gift is waste free, cheap,
and smells really good.

4 Tip



an EC publication to inspire friends
and family on climate action ;) #plug

5
Tip



seasonal meals

experiment and have fun with
produce from this season!



6 Tip

value your clothes

rewear your party clothes,
they're already awesome
#whomademyclothes

7
Tip



food for thought

gift someone a book to inspire
them into the new year, or a kindle!

8
Tip



plant parenthood

gift someone a plant and
some tips to keep it alive.
#evencacticandie

9
Tip



SCOOP

gift someone a delish goodie bag with
local and organic goods from Scoop ;)

10 Tip

a wellness session

arrange for someone a relaxing bath,
a face mask, a massage and lots of joy.

11

Tip



a diy detergent

check out Anna's recipe for a
a scented homemade detergent.



12
Tip

skip the wrapping

get creative and reuse paper, fabric,
strings and other bits lying around

13

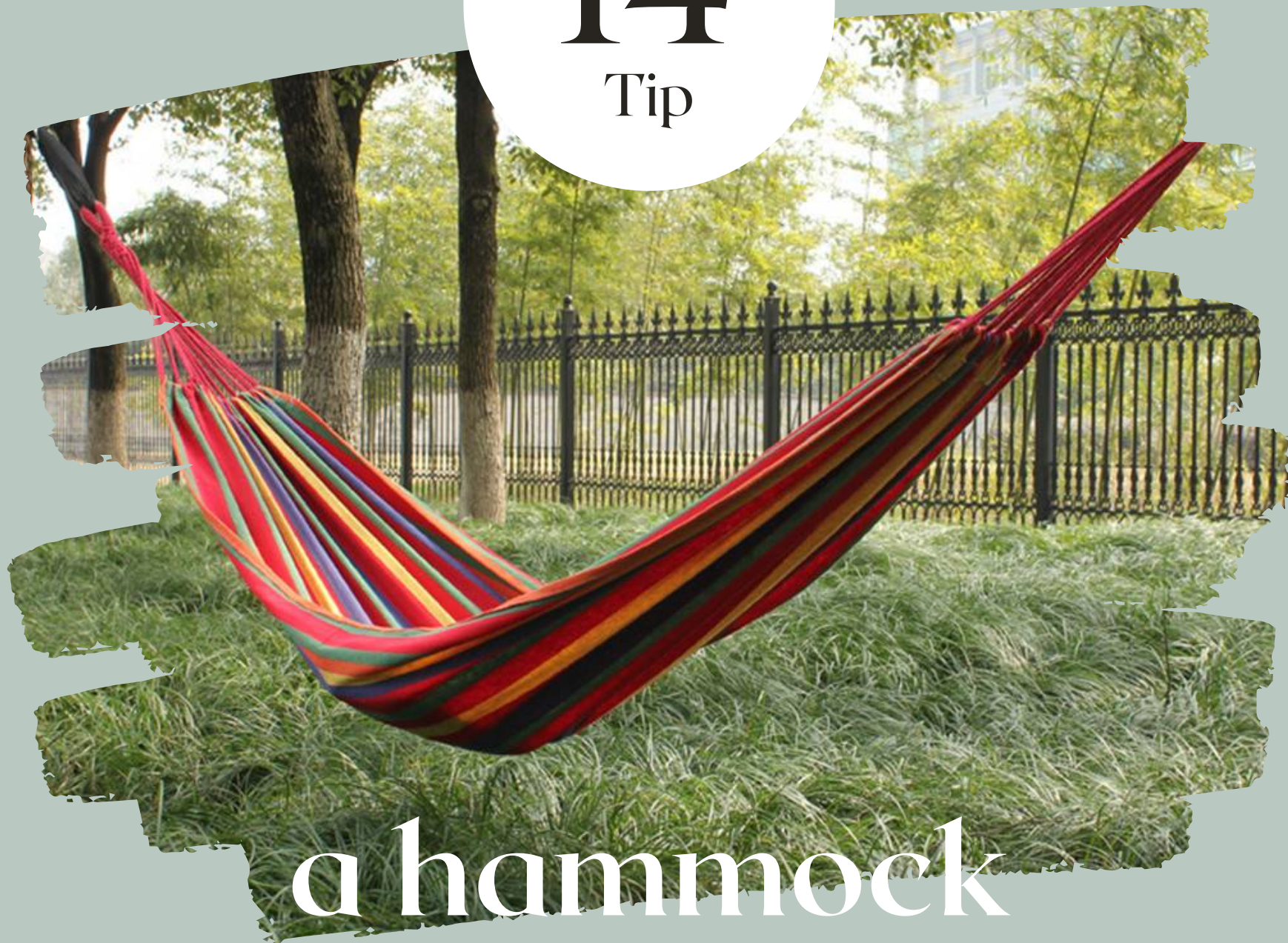
Tip



make a playlist

compile a banging playlist
that someone will just love.

14
Tip



a hammock

random yes, but...
a guaranteed giftee pleaser.

15

Tip

hy • gge

[hue-gah] *noun*

A calm, comfortable time with people you love. A complete absence of frustrations, or anything emotionally overwhelming, often enjoyed with good food and drinks, warm blankets and candlelight.

buy nothing.
a radical thought...